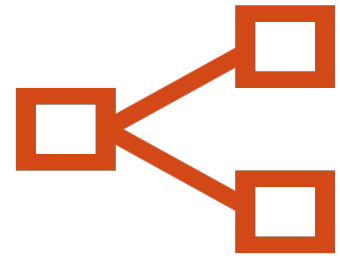
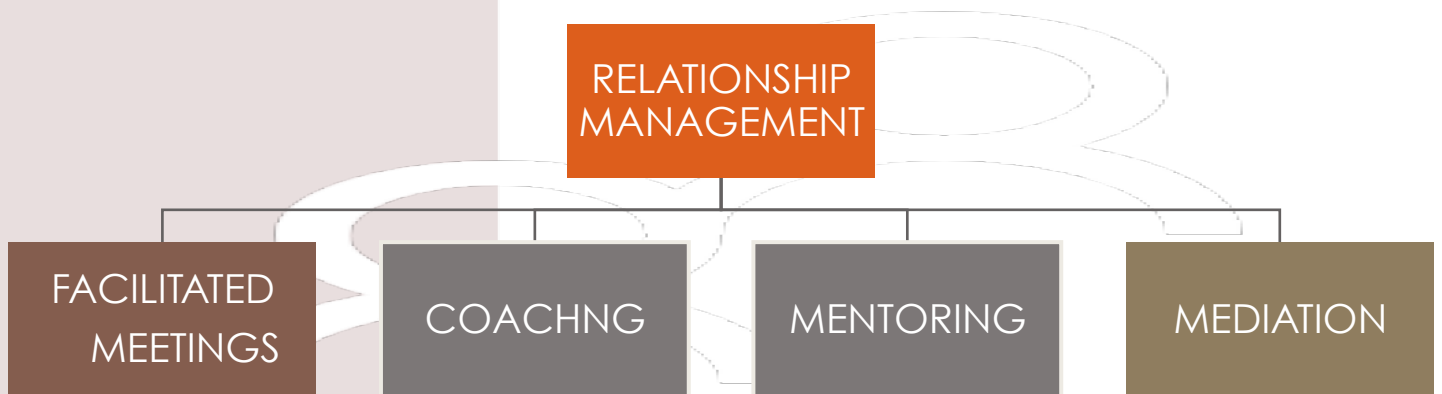




# TESSÉ AKPEKI



## RELATIONSHIP MANAGEMENT



**FACILITATED MEETINGS** - facilitated discussions assist participants to prepare for and engage in a conversation around issues that are causing conflict. As facilitator I have conversations with participants to enable them to prepare for the facilitated conversation. I design and prepare the team process, guide the process and ensure the outcomes, actions and questions are properly recorded, actioned and appropriately dealt with afterwards. I create a safe environment where participants can communicate effectively, build better understanding and increase empathy through dialogue and debate.

**COACHING** - coaching aims to improve performance and enhance ways of thinking, focusing on the 'here and now' to shape the future. it unlocks a person's potential to maximise their performance. as coach, I offer my clients a supportive and motivational environment to explore how they might achieve their explorations and fulfil their needs. I assist clients to maintain the motivation and commitment needed to achieve their goals.

**MENTORING** – mentoring is a supportive, highly valuable development relationship that encourages the sharing of knowledge, experience and wisdom between individuals willing to benefit from the exchange to enrich their professional journey. **As mentor** I provide individual guidance and support to mentees to achieve their potential and to be the best versions of themselves.

**MEDIATION** – mediation is a process where the parties meet with a mutually selected impartial and neutral person who assist them in the negotiation of their differences. mediation is an informal, dynamic, structured and flexible dispute resolution process. as mediator, I assist disputing parties in resolving conflict using specialised communication and negotiation techniques. both parties provide information on the situation from their personal perspectives. I encourage all parties in mediation to actively participate in the process to help settle their differences.

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